Professional Standards Training Documentation



What's New in School Nutrition Monthly Webinar School Wellness and Smart Snack Resources

Presenters: Carrie Scheidel and Patti Delger

carrie.scheidel@iowa.gov and patti.delger@iowa.gov

Date: Monday, April 25, 2016 - 2:00pm to 3:00pm

Description: Resources for implementing USDA guidelines for School Wellness and Smart Snacks will be provided.

USDA Professional Standards Areas:

GENERAL NUTRITION

1310- Relate the Dietary Guidelines and USDA food guidance to the goals of the school nutrition programs.

1320 – Understand general nutrition concepts that apply to school meals (whole grains, sodium, sugar, etc).

COMMUNICATIONS AND MARKETING

4150 – Communicate within the school and to the community through multiple approaches to inform and educate stakeholders.

4160- Create an environment that engages students to select and consume healthy foods with minimum waste, including Smarter Lunchroom techniques.